

RIGDEN NEWS
NEWSAGENT

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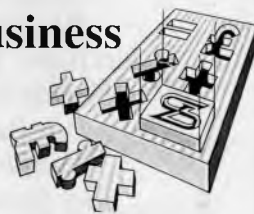
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Fit for business



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Situated at the United Kingdom's closest point to Continental Europe, the Port of Dover is a vital link for tourism and trade.

Over 21 million passengers, three-and-a-half million cars and 165,000 coaches pass through the port on its ferry services to Calais in 1997. Added to that, over 1.6 million freight vehicles used the port's freight services to Calais and Zeebrugge carrying about 40 per cent of the UK's non-fuel trade with mainland Europe.

But the port's record year did not end there. Dover became Northern Europe's busiest cruise port for turnround calls handling 128 visits involving more than 140,000 passengers. Its marina enjoyed record numbers of visitors and its cargo terminal consolidation in the fresh fruit and vegetable markets.

Dover - a leading light in the European ports and shipping industry.



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REPETITIVE STRAIN INJURY (RSI) • PREGNANCY • MENOPAUSE  
POST-SURGICAL PAIN • SPORTS INJURY - JOINT/MUSCLE STRAIN  
(HIPS, LEGS, KNEES, ANKLES, FEET, WRISTS, ELBOWS  
SHOULDERS, ARMS, RIBS, ETC)**



**DOVER OSTEOPATHIC CLINIC**

**61 Castle Avenue, Dover,  
Kent CT16 1EZ**

**Tel/Fax: 01304 214686**

**Paul Strutt Bsc. (Hons). Ost. Med. D.O. Registered Osteopath**



# DOVER COUNSELLING CENTRE

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## *The Pines Garden & St Margaret's Museum*

Beach Road, St Margaret's Bay  
Tel: 01304 852764

### **MUSEUM:**

Open Easter and Bank  
Holidays, then end of  
May to early September  
2.00pm to 5.00pm.  
Closed Mondays &  
Tuesdays

### **GARDEN:**

Open Daily and  
Weekends throughout  
the year.  
10.00am to 5.00pm.  
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Day

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### **A0 PLANS / DRAWINGS**

**DAYGLO POSTERS TO DOUBLE CROWN**

### **LAMINATING UP TO A1**